Bilateral Giant Fibromas of Labia Majora In a Middle Age Woman

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Vulva tumors are generally rare disease entity encountered in clinical practice of gynecology, and it is especially so at a young age. Presented here is a case report of painless progressively enlarging bilateral vulvar tumors which evolved over many years. The bigger tumor of right labium majus was excised and subjected to histopathological examination which revealed it to be a fibroma.

INTRODUCTION

Tumors of the vulva are rare, few published cases have been reported about this condition. Apart from malignant tumors, fibromas fall in the group of the most common benign tumor of vulva though they as well occur very rarely. The commonest benign tumors of the vulva include: the fibroma, papilloma, lipoma, angioma, neuromas, lymphangiomas, neurofibromas and adenomas. Of these fibromas are the most common form of benign masses. When located in the vulva, they occur more often in the labia majora, clitoris, vestibule, and posterior commissure. Treatment of vulvar tumors is by excision. This case report describes a unique huge tumor, and a smaller one from right and left labia majora respectively.

CASE PRESENTATION

A 42 old multiparous woman was referred to me in Samawah General Hospital with huge mass originating from the right labium majus, it was a firm globular mass with thick irregular skin surface, the tumor was 65-cm in length, 45-cm at greatest width, the base of attachment was about 20-cm it was sessile. The smaller mass originating from left labium majus was about 20-cm in length and 10-cm in width. These swellings had progressively been increasing in size over many years. On general examination the patient was found to be generally healthy looking patient. Pelvic inspection and palpation revealed bilateral giant swellings, no lymph nodes were palpable in inguinal regions. Under general anesthesia the huge tumor on the right side was excised...
through an incision encircling the base of attachment. Tumor weighed 13-kilograms.

Discussion
Tumors arising in the vulva commonly begin as small masses that do not normally attract medical attention, but occasionally, they attain huge sizes that can impair victim's lifestyle and may in fact affect sexual and reproductive functions, in addition to the weight they are carrying with difficulties of walking, sleeping, turning and personal hygiene. These tumors may have tremendous impact on someone's life ranging from withdrawal to marriage failure or divorce. Vulvar fibroma may recur after incomplete removal.

Conclusions
This case reports bilateral vulvar fibromas, the excised right one is the biggest reported.

REFERENCES